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## ADULT BALLET CLASSES AT BALLET U

Our open division adult ballet classes are 90 minutes long and are offered on a drop-in basis, with the exception of the full 10 week beginner series, which we recommend for students with little or no previous dance experience.

Students attending our open classes should sign up online for each class they take. Students new to Ballet U are welcome to contact us for assistance in picking the classes most suitable for your needs and goals and to discuss which payment/class card option makes the most sense for you. You can also go ahead and register yourself through our online system at [www.balletu.com](http://www.balletu.com) or scan the QR code for more information.



### ADULT BALLET CLASS PRICES (in-studio, 90 min)

10 Week Beginner Series		\$175	
Single Class	\$22	10 Classes (valid for 180 days)	\$185
5 Classes (valid for 90 days)	\$99	20 Classes (valid for 365 days)	\$360
30 min Prepointe/ Pointe add-on		\$8	
3 classes/wk	\$200/mo.	4+ classes/wk	\$240/mo.
Private Lessons		\$75/ 60 min	

Ask about reduced prices for college students and professionals.

Purchase class cards through our online system.

**All levels and ages welcome!**

**No dress code for adults.**

**Fitted workout wear works well but adults are welcome to wear leotard and tights, skirt, etc. if they choose to.**

**Ballet shoes are recommended and available for purchase at Ballet U.**

**New Class: Gentle Ballet - low impact, geared towards seniors but all are welcome!**  
**Mondays, 11-12 pm [Judy] - \$17/class**

## 2025/2026 Class Schedule - September 2 to June 6

### ADULT BALLET CLASSES

(Register per class - except for 10 week Intro to Ballet Class)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-11:00 am <b>Adult Ballet 5/ Prof.</b> [Ashley Paige]	10:30-12:00 am <b>Adult Ballet 2 &amp; 3</b> 12:00-12:30 pm <b>PrePointe/Beg. Pte</b> [Stephanie]	9:30-11:00 am <b>Adult Ballet 5/ Prof.</b> [Ashley Paige]	9:00-10:30 am <b>Adult Ballet for NEW Beginners (10 weeks)</b> Sept. 11-Nov. 13 [Stephanie.]	10:30-12:00 pm <b>Adult Ballet 2 &amp; 3</b> 12:00-12:30 pm <b>PrePointe/Beg. Pte</b> [Stephanie]	9:00-10:30 am <b>Adult Ballet 1 &amp; 2</b> [Stephanie]
5:30-7:00 pm <b>Adult Ballet 2</b> [Stephanie]	6:45-8:15 pm <b>Adult Ballet 3 &amp; 4</b> 8:15-8:45 pm <b>Beg. Pointe/PrePte*</b> [Karen C.]	11:00-12:30 pm <b>Adult Ballet 2 &amp; 3</b> [Judy]	10:30-12:00 pm <b>Adult Ballet 1 &amp; 2</b> [Stephanie]		10:30-12:00 pm <b>Adult Ballet 4</b> 12:00-12:30 pm <b>Pointe* (opt.)</b> [Karen C]
7:00-8:30 pm <b>Adult Ballet 1</b> [Stephanie]	7:15-8:45 pm <b>Adult Ballet 1 &amp; 2</b> [Stephanie]	7:15-8:45 pm <b>Adult Ballet for NEW Beginners (10 weeks)</b> Sept. 10-Nov. 12 [Stephanie]	7:15-8:45 pm <b>Adult Ballet 3 &amp; 4</b> [Karen C.]		10:45-12:15 pm <b>Adult Ballet 2 &amp; 3</b> [Judy]

\* Requirements for pointe work: instructor approval, regular attendance of 2 or more weekly technique classes. Anyone attending the Ballet 3 & 4 class is invited to join the Beg. Pointe class in flat shoes as a preparation for eventual pointe work.

\*\*Schedule subject to change depending on enrollment and teacher availability. Check the online schedule to verify.

***Come and join our supportive dance community and experience the beauty of ballet in your life!***