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ADULT BALLET CLASSES AT BALLET U

Our open division adult ballet classes are 90 minutes long and are offered on a drop-in basis, with the exception of the full 10 week beginner series, which we recommend for students with little or no previous dance experience.

Students attending our open classes should sign up online for each class they take. Students new to Ballet U are welcome to contact us for assistance in picking the classes most suitable for your needs and goals and to discuss which payment/class card option makes the most sense for you. You can also go ahead and register yourself through our online registration site at www.balletu.com or scan the QR code for more information.



ADULT BALLET CLASS PRICES (in-studio, 90 min)

10 Week Beginner Series		\$180	
Single Class	\$22	10 Classes	\$185
		(valid for 180 days)	
5 Classes	\$99	20 Classes	\$360
(valid for 90 days)		(valid for 365 days)	
30 min Prepointe/ Pointe add-on	\$8	10 Prepointe/Pointe classes	\$75
3 classes/wk	\$200/mo.	4 classes/wk	\$240/mo.
Unlimited	\$270/mo	Private Lessons	\$75/ 60 min

Ask about reduced prices for college students and professionals.

Purchase class cards through our online registration site.

All levels and ages welcome!

No dress code for adults.

Fitted workout wear works well but adults are welcome to wear leotard and tights, skirt, etc. if they choose to.

Ballet shoes are recommended and available for purchase at Ballet U.

SPECIAL CLASSES

Gentle Ballet - Mon. 11-12 pm [Judy] - \$17/class

Pilates - Thurs. 7:30-8:30 pm (Sophie) - \$17/class

2026/2027 Class Schedule - August 31 to June 5

ADULT BALLET CLASSES

(Register per class - except for 10 week Intro to Ballet Class)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-11:00 am - St. 1 Adult Ballet 3&4/ Pro [Ashley Paige]	9:00-10:15 am - St. 1 Adult Ballet for NEW Beginners (10 weeks) starts 9/15[Charmaine]	9:30-11:00 am - St. 1 Adult Ballet 3&4/ Pro [Ashley Paige]	9:00-10:30 am - St. 1 Adult Ballet 1 [Charm.]	10:30-12:00 pm - St. 1 Adult Ballet 2 & 3 12:00-12:30 pm PrePointe/Beg. Pte [Ashley Paige]	9:00-10:30 am - St. 1 Adult Ballet 1 & 2 [Stephanie]
11:00-12:00 - St. 2 Gentle Ballet [Judy]	10:30-12:00 pm - St. 1 Adult Ballet 2 & 3 12:00-12:30 pm PrePointe/Beg. Pte [Stephanie]	11:00-12:30 pm - St. 2 Adult Ballet 2 & 3 [Judy]	10:30-12:00 pm - St. 1 Adult Ballet 2 [Stephanie]		10:30-12:00 pm - St. 1 Adult Ballet 4 12:00-12:30 pm Pointe [Karen]
5:30-7:00 pm - St. 1 Adult Ballet 1 [Stephanie]	6:45-8:15 pm St. 2 Adult Ballet 3 & 4 8:15-8:45 pm Beg. Pointe/PrePte [Karen]	6:30-7:45 pm - St. 2 Adult Ballet for NEW Beginners (10 weeks) starts 9/16 [Karen]	6:45-8:15 pm - St. 2 Adult Ballet 3 & 4 8:15-8:45 pm Beg. Pointe/PrePte [Karen]		10:45-12:15 pm - St. 2 Adult Ballet 2 & 3 [Judy]
7:00-8:30 pm - St. 1 Adult Ballet 2 [Stephanie]	7:15-8:45 pm - St. 1 Adult Ballet 1 & 2 [Stephanie]	7:15-8:45 pm - St. 1 Adult Ballet 1 [Stephanie]	7:30-8:30 pm - St. 3 Pilates [Sophie]		

* Requirements for pointe work: instructor approval, regular attendance of 2 or more weekly technique classes.

**Schedule subject to change depending on enrollment and teacher availability. Check the online schedule to verify.

Come and join our supportive dance community and experience the beauty of ballet in your life!

August 2026